**Instructor:** Sandee Maung  
Leadership and Service  
Advisor(s): Candace Chabza  
Quad Director: Samantha Soren  
Faculty Director: Dr. Todd Pittinsky

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**First Year Seminar 101**  
**Introduction to Stony Brook**  
**LDS 101.07**  
**Fall 2017**

<table>
<thead>
<tr>
<th>Class Meeting Day/Time: Wednesdays 2:30-3:23 pm</th>
<th>Class Location: Gray College (ITS Center)</th>
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</thead>
</table>

Seminar Instructor: Sandee Maung  
Instructor Email: sandee.maung@stonybrook.edu  
Office Hours/Location: Administration Room 347  
Wednesdays 12:00pm-2:00pm

FYS 101 Fellow: Sally (Youn Sun) Hur  
Fellow Email: younsun.hur@stonybrook.edu

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**COURSE DESCRIPTION**

This course is designed to enhance your first-year experience at Stony Brook University. Through academic advisement, learning about campus resources, group discussion, and collaborative teaching, you will be provided with a supportive and structured environment to assist you in making the transition to college. You will be encouraged to use critical thinking skills to set goals and make responsible decisions regarding academics, major and career planning, and social relationships. The course will explore the purpose of higher education and your role within the university environment.

**COURSE GOALS**

- To develop and strengthen academic skills
- To discover and connect with Stony Brook University
- To explore the academic theme of your Undergraduate College
- To become civil and responsible members of our academic community

**REQUIRED READINGS**

  [https://you.stonybrook.edu/firstyear/](https://you.stonybrook.edu/firstyear/)

**CLASSROOM EXPECTATIONS AND INFORMATION**

- **Class attendance:** Because the learning process in this class will rely primarily on discussion, students are expected to attend all classes in order to receive course credit. More than two (2) absences will result in an Unsatisfactory grade (U). You must contact instructor regarding any potential issues with attendance, and/or to follow-up if needed.

- **Class participation:** The seminar requires the completion of all readings and assignments on the assigned day, together with thoughtful, engaged participation in class discussions. The quality of your class participation will affect your final grade. Inadequate preparation for class, arriving late or leaving early, and/or missing class will be reflected in your class engagement grade.

- **Class cancellation or delay:** In the event of class cancellation, you will be contacted via Blackboard and/or email (your stonybrook.edu email account). Please check the main [www.stonybrook.edu](http://www.stonybrook.edu) website regularly for any weather updates.
• **Classroom Environment:** Throughout the semester, sensitive issues may be discussed in class. As members of this seminar, all students are expected to read, discuss, and think critically about these topics and your responses to them. This does not mean that you are not expected to have emotional reactions to the material, but you should also be willing to engage those reactions - and your classmates - in respectful and thoughtful ways. As a class community we should always be mindful of people’s experiences. If at any time you have concerns about the material or class discussions, please speak to the instructor, and/or contact your UGC advisor.

• **Laptops, smartphones, tablets:** Electronic devices should only be used during class for class purposes (e.g. taking notes, research, Blackboard, e-Textbook, etc). Facebook, email, texting, or other forms of social media that are not part of the seminar must wait until after class.

• **Blackboard and Email:** Students are required to check their Stony Brook email account and log into Blackboard regularly for important course information from their instructor and Undergraduate College Advisors.

• **Instructor email and appointments:** I am accessible via email and will try to respond as soon as I can. When sending emails, please include “FYS 101” in the subject line and include your full name within the body of the email. However, please do not wait until the last minute to email your concerns or questions. Typically any question that requires a more complicated response or thoughtful conversation should be asked in person (e.g. grading concerns; further explanation of assignments, etc). Students are encouraged to make an appointment to meet with me any time throughout the semester.

• **UGC Fellow:** Many 101 seminars have an Undergraduate College Fellow, an experienced student who will assist during class. Fellows are excellent resources and mentors and can help assist in the transition to Stony Brook. Our UGC Fellow is Sally Hur. Email: younsun.hur@stonybrook.edu.

• **UGC Events and Programs:** Getting involved and participating in campus life is an essential part of being a successful college student. UGC events provide students with an opportunity to **CONNECT** to faculty, peers, and other campus resources; to **PLAN** and purposefully use resources toward academic success; and to **EXPAND** perspectives through new experiences and special opportunities offered at Stony Brook. Students will be able to explore various UGC events through the Co-curricular Events assignments; however, students are encouraged to participate in additional UGC and campus-wide events that may interest them, including events offered by other Undergraduate Colleges.

• **Americans with Disabilities Act:** If you have a physical, psychological, medical or learning disability that may impact your course work, please contact Disability Support Services, located at ECC (Educational Communications Center) Building, Room 128 (631) 632-6748. They will determine with you what accommodations, if any, are necessary and appropriate. All information and documentation is confidential.

• **Academic Integrity:** Each student must pursue his or her academic goals honestly and be held personally accountable for all submitted work. Representing another person's work as your own is always wrong. Faculty are required to report any suspected instances of academic dishonesty to the Academic Judiciary. Faculty in the Health Sciences Center (School of Health Technology & Management, Nursing, Social Welfare, and Dental Medicine) and School of Medicine are required to follow their school-specific procedures. For more comprehensive information on academic integrity, including categories of academic dishonesty, please refer to the academic judiciary website at http://www.stonybrook.edu/commcms/academic_integrity/index.html

• **Critical Incident Management:** Stony Brook University expects students to respect the rights, privileges, and property of other people. Faculty are required to report to the Office of University Community Standards any disruptive behavior that interrupts their ability to teach, compromises the
safety of the learning environment, or inhibits students' ability to learn. Faculty in the HSC Schools and the School of Medicine are required to follow their school-specific procedures.

- **Course Evaluation:** Each semester Stony Brook University asks students to provide feedback on their courses and instructors through an online course evaluation system. The course evaluation results are used by the individual faculty, department chairs and deans to help the faculty enhance their teaching skills and are used as part of the personnel decision for faculty promotion and tenure. No individually identifiable data are ever reported back to the university or instructor. Students who have completed previous evaluations can view all faculty ratings at: [https://classie-evals.stonybrook.edu/](https://classie-evals.stonybrook.edu/)

- **Academic Success and Tutoring Center (ASTC):** The ASTC provides free academic support services for all undergraduate students, including one-on-one tutoring, small group tutoring, academic success coaching, and public speaking seminars. Learn more about these services and additional campus resources at [www.stonybrook.edu/tutoring](http://www.stonybrook.edu/tutoring).

**COURSE REQUIREMENTS**

- **Seminar Engagement:** Your engagement grade will reflect your attendance, preparation for class, and contributions to discussions. Students are expected to actively participate, contribute their own ideas and ask questions during this seminar-style class. In addition, students are expected to attend all class sessions. **More than two (2) absences will result in an Unsatisfactory grade (U).**

- **Weekly Journaling (10):** Students will complete a brief written assignment prior to each class meeting. Responses should be 1-2 paragraphs and must be posted directly to Blackboard, under **Weekly Journals.** **Deadline: Tuesdays at 11:59pm.**

- **Co-curricular Event Reflections (4):** Students are expected to select and participate in various co-curricular UGC events throughout the fall semester and submit a written reflection paper for each of the UGC events attended. Students should select one event from each of the **Connect, Plan, and Expand** event categories within their UGC. Students will also attend the Fall Commons Day Event on October 19 when the First-Year Reading author visits campus. Reflection papers should be approximately 500 words. In order to earn credit for co-curricular participation, students must submit a reflection paper **within one week of the event date.** Specific event listings and details are posted on the UGC website.

  o UGC Event: CONNECT
  o UGC Event: PLAN
  o UGC Event: EXPAND
  o Commons Day Event Reflection: All first-year students are required to attend a Commons Day event on Wednesday, October 11 (1-2:20 PM, Arena). **All FYS 101 classes during the week of October 9 will be canceled. You must submit a reflection paper about your experience, due the following week.**

- **LDS 101 Project:** Students work in cooperative teams of 4-5 to identify and investigate a local, national or global cause or issue, then examine three organizations that work toward creating positive change or administrative aid in that area. Based on the information gathered, they are tasked with creating their own fictional organization that provides assistance, education, awareness, and/or research for their identified cause. Students are encouraged to channel awareness through mindful leadership to help make an impact. The student groups will create a multimedia presentation to introduce their fictional organization and present their findings on the organizations to the class.
EVALUATION AND GRADING
The First-Year Seminar (101) is a 1-credit course for which you will earn either a Satisfactory (S) or Unsatisfactory (U) grade. A Satisfactory grade corresponds to the letter grades: A-C; an Unsatisfactory grade corresponds to the letter grades: D-F.

The following grading scale applies for this course:
< 60 (F), 60-69 (D), 70-79 (C), 80-89 (B), 90-100 (A)

Attendance, participation, and the quality and thoughtfulness of assignments will be factored into the grading for this course.

- Engagement/Participation = 20%
- Weekly Journaling (10) = 15%
- Co-curricular Event Reflections (4) = 30%
- UGC 101 Project = 35%

IMPORTANT DATES & ACADEMIC DEADLINES *

<table>
<thead>
<tr>
<th>Event</th>
<th>Date/Time</th>
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<tbody>
<tr>
<td>Major/Minor Declaration Period Opens</td>
<td>Monday, October 30ⁿ</td>
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<tr>
<td>Last Day to Add/ Drop/Swap &amp; Credit change Deadline</td>
<td>Tuesday, September 12ⁿ, 4 PM</td>
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<tr>
<td>Last day to Move Up/Drop Down (AMS, MAT, MAP courses)</td>
<td>Friday, October 6ⁿ, 4 PM</td>
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<tr>
<td>Last day to Move Up/Drop Down (PHY courses)</td>
<td>Friday, October 13ⁿ, 4 PM</td>
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<tr>
<td>Last day to process G/P/NC; Section/Credit Change; Withdrawal</td>
<td>Friday, October 27ⁿ, 4 PM</td>
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<td>Thanksgiving Break (No classes in session)</td>
<td>November 22ⁿ – 26ⁿ</td>
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<tr>
<td>Leave of Absence/Semester Withdrawal</td>
<td>Friday, December 8ⁿ</td>
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<tr>
<td>Classes End: Last Day of Classes</td>
<td>Saturday, December 9ⁿ</td>
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<tr>
<td>Finals Week</td>
<td>December 12ⁿ – December 20ⁿ</td>
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* Dates and deadlines subject to change.*

Check the Fall 2017 Academic Calendar on the Registrar’s website for current information: http://www.stonybrook.edu/commcms/registrar/calendars/academic_calendars.html
<table>
<thead>
<tr>
<th>Week #</th>
<th>Week of</th>
<th>Weekly Topic</th>
<th>Reading/Assignments</th>
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<tbody>
<tr>
<td>Wk. 1</td>
<td>28-Aug</td>
<td>Introduction</td>
<td></td>
</tr>
<tr>
<td>Wk. 2</td>
<td>4-Sep</td>
<td>Your Academic Journey</td>
<td>Read <a href="#">Chapter 6 - Academic Success</a></td>
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</table>
| Wk. 3 | 11-Sep    | CPO: You Matter at SBU                           | Additional resource: [Chapter 12 - Prevention and Outreach](#),
|        |           |                                                  | “Letter to self” collected in class                     |
| Wk. 4 | 18-Sep    | Diversity and Inclusion                          | Watch [What is Privilege?](#),
|        |           |                                                  | Watch [Sometimes You Are a Caterpillar](#)              |
| Wk. 5 | 25-Sep    | Gender Awareness and Equality                    |                                                          |
| Wk. 6 | 2-Oct     | Community Engagement                             | Watch SBU Community Pledge                               |
| Wk. 7 | 9-Oct     | UGC Commons Day: Wednesday, October 11*          | IN LIEU OF CLASS THIS WEEK:
|        |           | FYR Author Visits Campus                         | All students must attend a Commons Day event on October 11*.
| Wk. 8 | 16-Oct    | First-Year Reading Reflection & UGC 101 Project (Week I) | FYR Reflection Paper Due
|        |           |                                                  | Review [Chapter 5 - Communication (through Working in Teams)](#) |
| Wk. 9 | 23-Oct    | CAPS: Stress and Wellness                        | Additional resource: [Chapter 12 - Prevention and Outreach](#) |
| Wk. 10| 30-Oct    | Maximizing Your Success                          | Watch [The Power of Belief](#) (10 minutes)
|        |           |                                                  | Watch [The Effect of Praise](#) (3 minutes)              |
| Wk. 11| 6-Nov     | Academic Planning (Week I): Registration Preparation | Read [Chapter 10 - Academic Advising](#)                |
| Wk. 12| 13-Nov    | Academic Planning (Week II): Career Communities  | Additional resource: [Chapter 9 - Academic Planning and Career Exploration](#) |
| Wk. 13| 20-Nov    | Class Cancelled-Thanksgiving Break               | W/Th/F classes are cancelled this week                   |
| Wk. 14| 27-Nov    | UGC 101 Project (Week II)                        | 101 Project Due                                          |
| Wk. 15| 2-Dec     | Keeping the Momentum                             |                                                          |